



Seated Calf Raise

Keystone | VST700-PL77

Maximize calf recruitment for serious strength training enthusiasts with the optimized biomechanics of our Seated Calf Raise station. It's been tested to withstand over a million reps, more than four times the industry standard, and refined ergonomics keep even the most intense sets comfortable. Best of all, our ultra-stable design is as easy-to-use as it is low-maintenance.



Product availability may vary by region. Please contact your [local office](#) for more information.

Frame

Frame Color	Matte Black
Frame Finish	Proprietary two-coat powder process

Tech Specs

Overall Dimensions	152.8 x 75 x 92 cm / 60.2" x 29.5" x 36.2"
Product Weight	62 kg / 137 lbs.
Max User Weight	150 kg / 330 lbs.
Max Training Weight	150 kg / 330 lbs.
Starting Resistance	20 kg / 44 lbs.

User Amenities	
Instructional Placards	Muscle call outs, start and finish exercise illustrations
Upholstery	Polyurethane molded foam
Elastic Band Peg	Allows elastic resistance training